



Bury LIVE



News from the Third Sector in Bury

JULY 2010 / Edition 3

Looking Through Others' Eyes

Active Citizens is a worldwide programme run by the British Council which aims to deepen trust and understanding between communities. Participants become skilled in cross cultural communication and dialogue, and its role in community action.



Above: Members of the Active Citizen programme.

The programme saw eleven young people from Mirpur, Pakistan spend a week in Bury. The programme was developed locally by B3SDA in partnership with ADAB and Greater Manchester Youth Network.

For full details of the programme see page 5



Martin Daltry from the British Council said

“Bury-Mirpur programme is developing really well. It's been recognised as an innovative approach much more widely and has become the model for the British Council Active Citizens programme globally”

Providing Opportunity and Support for the Third Sector in Bury

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Editorial

LIVE - it's for you



Welcome to our third edition of **LIVE**: the newsletter for and about the third sector in Bury. Third sector? - community, voluntary and faith groups, charities, cooperatives, social enterprises and mutuals.

In this edition there are articles showcasing organisations and groups from the third sector, there is also a section on volunteering looking at its value and how to be involved.

Centre pages are always about funding opportunities. Our training courses include Safeguarding, and Chairing Skills. Check out our regular article on Life at the Top in the Children and Young People's section. Finally don't forget the back page which has all our contact details. We welcome feedback on the newsletter and if you want to put in an article contact us - back page.

Volunteers Are Great

Welcome to our new volunteers and a big thank you to volunteers everywhere. Julie and Jenny have made an impressive start as volunteers for us at B3SDA. Both help introduce potential volunteers to possible local opportunities as part of Bury's volunteering scheme. Welcome aboard!



The introduction sessions are held every week and are by invite only through the scheme. Volunteers are signposted to various opportunities. Volunteering is essential to the third sector and the work volunteers perform cannot be underestimated. Check out the volunteering section in the newsletter for more information.

B3SDA AGM and Funding Day

Don't miss the B3SDA AGM & Funding Day

This year we are combining the B3SDA annual general meeting with our annual funding event.

Bringing together Bury Council and NHS commissioners, speakers from grant making trusts and foundations and third sector organisations. At the event you will have the chance to learn more about funding opportunities available and how we can work together with commissioners in Bury.

It will be a full day event from 9.30am to 4.00pm on Thursday 30th September.

To book a place please contact Leanne at B3SDA on 0161 797 1968 or email leanne@b3sda.org.uk

B3SDA goes that Extra Mile!

B3sda staff ran a mile for Sport Relief, well for some it was more a walk.

They joined at least 30 other eager and potentially fit local people on Bury's Sport Relief Mile at Bury Athletics Track. The event was reflected throughout the country on March 19th as people ran or walked a mile to raise money and maybe change their lives. Red was the colour of the day of course.

Our picture shows from left to right Jenny, Aiesha, Marie, Adam and Derek who said he had a sick note from his mum and took the pictures.



New government - What's going on?

So a change of government and change all round. What does this mean for the third sector? Well first there's no more Office of the Third Sector, there is now an Office of Civil Society - Nick Hurd is the Minister. We all know there's change ahead and no doubt the 'devil will be in the detail'. The Office of Civil Society will concentrate on three things:

- Making it easier to run a charity, social enterprise or voluntary organisation
- Getting more resources into the sector: strengthening its independence and resilience
- Making it easier for sector organisations to work with the State

Whatever changes come about always remember Bury Third Sector Development Agency is there to help and support local groups and organisations.

As the situation develops we will make sure relevant information is communicated to the sector. If you want to be on our mailing list and receive a range of information on a regular basis please see our back page for our contact details.

Local News

Celebrating 7th Birthday of Bury Cancer Support



Stanley Gilbert, Centre Service Manager, said, "The party was a great success. Everyone has said how nice it was to be able to meet other people who have an interest in or have used the centre."

Ivan Lewis MP and the Mayor of Bury Cllr Sheila Magnall joined the party at Bury Cancer Support Centre to celebrate its seventh birthday. Over 100 patients, ex-patients, fundraisers and staff also attended.

The Centre, based in St James' Centre, Bury, off Walshaw Road, opened in 2003 for one afternoon a week and has now expanded to three full days and up to 100 patients per week. It hopes in the future to have its own premises and to open five days per week.

Mr Gilbert said, "We do not turn anyone away and fulfil a need for a service that neither the hospitals and hospices can fulfil. There is nothing like this anywhere offering unlimited treatments."

Eddie Banks, a patient, said, "Meeting people and relaxing does me a lot of good, my wife can always tell when I've been!"

The Centre is open Mondays to Wednesdays 10.30am to 4pm for cancer patients or carers and is a drop-in centre so appointments are not needed. To contact the Centre telephone 07899 990260 or email info@cancersupportbury.org.uk

Care Concern

A Voluntary Service Offering Bereavement and Loss Counselling



Care Concern is a voluntary bereavement and loss counselling support service for people living in Greater Manchester including Bury. It has been based in the North Manchester area for 30 years and is free to members of the public.

Counsellors are qualified, have professional supervision, and are trained to a very high standard.

You can be referred to us from hospital departments, primary care teams, general practitioners. We are finding that more and more of our clients contact us as a result of friends, who are past clients, reporting their satisfaction with the help they have received.

Bereavement is not the only form of loss we experience; it is recognised that the ending of a marriage or long-term relationship, loss of a job or home, even the onset of a serious health problem, can trigger a response similar to that of grief.

Please telephone **0161 796 0807** for further details if you would like to see a counsellor in a highly confidential atmosphere.

We are a registered charity, and our aim is to see clients for their first assessment as soon as possible after referral.



Jigsaw Link



If you can chat, listen and have time to spare, then Jigsaw Link would really like to hear from you.

We are a small local Charity, whose aim is to match up an older person who has a disability or sensory impairment, or who suffers from loneliness, with a Volunteer Befriender.



We also have a small lunch club which meets at the Jubilee Centre on Mosley Avenue, Bury at 12noon each Tuesday, occasionally we have lunch in a local hostelry.

In the last few months, we have been to Liverpool Cathedral, Hollingworth Lake, Skipton, the new Fusiliers Museum in Bury, Burrs Country Park, and the Octagon Theatre in Bolton.



The costs of our outings for Volunteers are kept to the minimum (£8-£10) and include transport and usually lunch.

If you would like to become a Volunteer Befriender contact **Bill Barlow**, Jigsaw Link Coordinator, or **Mrs Barbara Allen**, Assistant Coordinator
Tel: 0161 253 6997
E-mail Jigsaw@bury.gov.uk

Local News

Age Concern building on its success



After many years of planning and hard work, Age Concern Bury is proud to announce that the Jubilee Centre extension has begun. This started in June 2010 and is expected to end in September 2010.

Throughout this work, all our other services, such as Day-care, Safely Home, Handyperson, and Information, Advice and Insurance, will continue as normal.

For further details, please see our website at www.ageconcernbury.org.uk or phone 0161 763 9030.

The Jubilee Centre is an indoor-outdoor activity centre for people aged 50 and over and is located in the tranquil and peaceful surrounds of Clarence Park. The extension will increase the space in our Chatterbox Cafe. A new reception area is also planned, this will provide a better service to people attending the activity classes. There will also be a new room to run small activities and meetings. Changes to the toilets and entrances will improve access for people with disabilities.



Bury Gateway

Bury Gateway exists to advance the personal development of people with learning disabilities. They do this through a diverse range of opportunities, promoting personal choice and independence. They also encourage participation, integration and involvement in their organisation and community.

Debbie Edwards newly appointed manager in Bury told us they have plans to expand and to provide more extensive and varied services.

Gateway provide: The Drop-in Centre, Mon-Fri 9.30am - 12.30pm and Thursday evening social 7.00am - 9.30pm at The **Mosses Centre**. Other activities in the afternoons include supported gym visits, cookery, and literacy and numeracy lessons (with Bury College).

Gateway currently has volunteering opportunities advertised through B3SDA on www.do-it.org.uk



Debbie is keen to hear from other service providers in the Bury area for possible consortium bids. A group bid would see individual services compliment each other in the years to come. This will secure the future of different projects.

Interested in knowing more? Contact Debbie on 0161 797 2463 or e-mail: debbie@burygateway.org.uk

Charity of the Year

Do you have the knack to bag-pack?

Bury Society for Blind and Partially Sighted People has been chosen as Marks and Spencer charity of the year in Bury. As the chosen charity they are allowed to pack bags at the tills on either a Saturday or a Friday every four weeks. Through this they hope that they can raise money from the public.

Can you spare two hours on these days?

All volunteers that have helped have stated how much fun it has been, and much needed funds were raised for the society.



To get involved in this or any other voluntary roles please contact Darren on 0161 763 7014 or email darren.magee@buryblindsociety.org

Barnardo's Resettlement Volunteers

Rachel House and the TAP are Barnardo's homelessness projects within Bury. They are seeking volunteers to support young people as they make the difficult transition from supported lodgings to independent living. Volunteers will work in partnership with the young person, project workers and floating support workers as a way of offering their support through this transition.



Can you spare a couple of hours per week?

Do you have a passion to work with young people?

You will support the young person in everyday tasks such as buying furniture, filling out forms and managing budgets as well as offering emotional support where needed. Interested? or want more information: please contact Hayley Bates at Rachel House on 0161 763 6262 or via email at hayley.bates@barnardos.org.uk

Local News

Active Citizens - In Bury and Pakistan

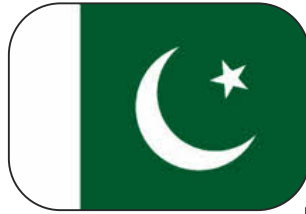


Active Citizens in Bury & Mirpur set the standard for the British Council

As part of the British Council's Active Citizens programme eleven young people from Mirpur, Pakistan visited Bury during May.

"We think the Bury-Mirpur bilateral youth exchange is developing really well. In fact it's been recognised as an innovative approach much more widely and has become the model for the British Council Active Citizens programme globally" – Martin Daltry

Active Citizens links civil society networks, community leaders and community networks in Pakistan, UK and 22 other countries across the world to deepen trust and understanding within and between communities. Participants become skilled in cross cultural communication and dialogue, and its effective role in community action. In Bury, the Active Citizens programme was linked to Mirpur in Pakistan.



Over the last six months a group of young people from Mirpur, Pakistan and from Bury, England have been taking part in the British Councils Active Citizens Programme. The first part of the programme includes training in identity, culture, dialogue, citizenship, and setting up social action projects.

The second part of the programme is to develop projects that benefit local communities. In Bury the active citizens group are developing a reading project, a domestic violence awareness raising project and a gardening project. In Mirpur the active citizens are running education and environmental projects. An important part of the programme is to bring together the participants from Mirpur and Bury using the internet and by visiting each others' countries. A group of young people from Bury visited Mirpur in February and the return group came to Bury in May. The visit to Bury included a mixture of workshops, visiting community projects and sightseeing. Activities included visiting the Grundy Day Centre, meeting the Mayor, a trip on the East Lancs Railway, and a visit to Project 29.

Bury - Not Only Famous for its Market! - The Met

Bury is home to many excellent third sector organisations that really put it on the map. You may know The Met as the place where Peter Kay performed recently, but the venue is also a charity, funded by Bury Council, The Arts Council and run by Bury Metropolitan Arts Association. The Met offers a wide range of entertainment, the opportunity to participate and also incorporates *Automatic* and new bar *Malt* as somewhere to relax, eat and drink.



For over thirty years, The Met has worked hard to bring new and exciting live performers to Bury. From traditional music to rock, classic theatre to improvisational drama, this small, busy venue plays host to international and emerging artists as well as giving locals the opportunity to perform.



Alongside events, The Met's full participation programme covers dance, drama, music and specialist classes for children and adults with

disabilities. The venue is also part of A Night Less Ordinary, a free ticket scheme for under 26's, giving young people the access to inspiring theatre on their doorstep.



The Met also organises outdoor events and festivals in Bury, including a dance festival, Urban Moves in July, the Family Friendly Film Festival in August and this Christmas is also organising a lantern parade across the town.



So, well done to another successful third sector organisation in Bury.



To get involved or support The Met take a look at the web site at www.themet.biz or if you'd like a chat about what we do give us a call on 0161 7617107 or drop in for a brochure.

Third Sector Assembly

What is...

"Working Together"?

"Working Together" is the Compact for Bury. The Compact is an agreement that sets out how local public and third sector partners will work together. In it are principles and understandings that underlie partnership working at its best. Originally called "The Bury Compact" the name proved confusing so we decided to provide a name that describes what it is about - working together.

Interested in knowing more about the Compact and the Assembly?

See Andy Walkden's details on the back page

Going Local Down in... Radcliffe

Improving Radcliffe - that's what third sector groups want to do. On 20th May "Working Together" went local, with an evening event at Radcliffe Civic Suite. Local groups were invited to bring forward their ideas for improving Radcliffe and their local community; on the night they met public sector representatives who could help make those ideas reality.

Public sector representatives were present from a range of different departments/ services across Bury Council, Bury NHS and Greater Manchester Police. Organised by B3SDA the evening hoped to raise awareness of "Working Together" and to agree projects that third sector and public sector partners could work on together to benefit the people of Radcliffe.

The event was highly successful with many ideas for projects identified that included:

- Clean Up Redbank Lodges, looking for volunteers & funding
- Funding for play equipment for young adults
- To get young people involved and getting paths improved
- Wanting to improve Water Lane Estate, Coronation Road.

Thanks to Third Sector representatives from: Abbey Close Tenants & Residents Association, Bolton Road Tenants & Residents Association, Friends of Close Park, Groundwork, Prestwich & Radcliffe Methodist Church Circuit, Radcliffe & Bury South Sports Forum, Radcliffe Works, Rotary Club of Radcliffe, Shootbox, Little Warriors Scholarship.

Another event is being planned for the future.



Green Flag Status for Bury

Bury Compact "Working Together" has been awarded a highly prestigious award. Compact Voice who act as a "voice for the third sector in England" is awarding Bury with a "green flag" in recognition of the good partnership working that is taking place across the borough.

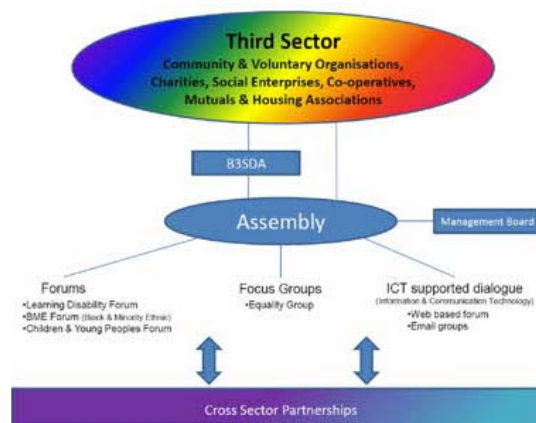
What is....

Come One, Come All!

Third Sector Assembly

The assembly represents the views, voices and opinions of every third sector organisation based in or working in Bury. If you would like to have your voice heard, why not come along to an assembly group meeting. This is a chance to get your views across in an informal setting.

The next meeting date is **Monday 4th October.**



"Third Sector Assembly"?

The purpose of the Third Sector Assembly is to strengthen the third sector's position in Bury. It is a body formed to ensure:

Voices of the third sector are heard by the public sector.

The third sector is properly consulted by the public sector.

Third sector organisations work together to take collective action by sharing information, discussing issues and agreeing priorities.

B3SDA Volunteer Service

Project Completed and Continued

Since January 2008 Bury Third Sector Development Agency's Volunteer Service has worked with many third and public sector organisations to promote volunteering. Successes over the past two and a half years have included:

Signposting over 1000 people to local opportunities
 Training courses for organisations on topics including 'Asylum Seekers and Refugees into Volunteering', 'Volunteers and the Law' and 'Supervising and Supporting Volunteers'
 Together with the Bury Involved Team, developed a Volunteering Forum for volunteer managers
 Celebrating the contribution that local volunteers make, together with Team Bury partners.

June 2010 saw the end of the Invest to Save funds which supported the Volunteer Service. Bury Council is continuing to fund the service. This is great news as it will allow Rhona Morrissey, the Volunteer Service Co-ordinator, to support smaller organisations to develop volunteering roles and continue introducing potential volunteers to opportunities.

Volunteering - Be part of something big



Why volunteer?

Volunteering can be a great way to make a difference to the lives of people in your community and to the environment. It can help you to learn new skills, use your existing ones, meet new people and hopefully have some fun along the way!

Volunteering adds huge value to the economy in Britain; an estimated £22.5 billion with a total contribution of 1.9 billion hours annually. It is estimated that 31% of people volunteer in some way.

Jenny who volunteers in Bury says

"I would encourage anyone to get into volunteering. It has done wonders for me and has led to me finding a balanced life style and paid work".



What is...

"Volunteering"?

Volunteering is an activity that involves spending time unpaid, doing something that aims to benefit others or the environment. Many people volunteer within their church, as part of a parent teacher association, in a local sports clubs or community centre.

How do you get involved?

Do it on your own, get in touch with your local church, mosque, synagogue, school or sports club to see if they need any help. Talk to friends and family to see if they know about any opportunities.

If you would like to talk over the options and get some help to find the right opportunity contact B3SDA's Volunteer Service on: **0161 797 1968**.

If you are aged 16-25? You can get similar help from Bury Involved Team on **0161 253 7914**. You can also search online at www.do-it.org.uk

Are you an organisation that already involves volunteers or are considering developing volunteering opportunities for the first time?
 Call Rhona for an informal chat on 0161 797 1968



Become A Volunteer Alcohol Health Trainer

Do you want to offer advice and support to people who may be drinking alcohol at potentially harmful levels., You could make a positive difference to someone's life and gain experience in the substance misuse field. Interested? Contact Debra Lamb volunteer Co-ordinator on 0161 272 4068 or email debra.lamb@bury.nhs.uk

Volunteer for Home-Start

We need a **VOLUNTEER TREASURER** with experience of forecasting and budgeting.

Contact: Kate Brookes
 T: 0161 763 6335
 E: homestartbury@btconnect.com

Home Start
 Support and friendship for families

Funding News

Your free access to funding database

The Greater Manchester Funding Portal

Find the latest funding opportunities, information and guidance through FREE access to an online funding database.



Are you a voluntary organisation, charity or community group in Bury ?

GMFunding.net is a new, **free** service to help you search for sources of funding for your organisation, venture or project.

The Greater Manchester Funding Portal is a brand new online resource that will give you all you need to know about funding your charitable or community work, whether you are an individual, community group, voluntary organisation, registered charity or social enterprise.

Presented in the format of an online, step-by-step questionnaire, GMFunding.net enables you to identify and select only funding schemes and awards that are appropriate for your project. The information on GMFunding.net comprises in excess of 5,000 funding schemes that are available in the UK from European and national sources, directed at the public, private and third sectors.

Register now

and find the funding you need at www.GMFunding.net

Factsheets and information about funding and fundraising will also be available for users of the service.

"One of the unique features of GMFunding.net is the ability to receive support and guidance – at the click of a mouse you can request support from Bury Third Sector Development Agency in your funding search. This support can be provided face-to-face, over the phone, or via email."
Emma Walsh B3SDA Development Officer

This project is led by Voluntary & Community Action Trafford in conjunction with funding advisors from **GMVSS** organisations – the 'Funding Information Group'.

Funding is from Greater Manchester Voluntary Sector Support – the ChangeUp consortium for Greater Manchester.

Register now for the free online database.
www.GMFunding.net



The Seed Fund

Supporting Community Innovation and New Ideas

Grants available up to £1,000 to support local community groups

If you have a new idea to help others in your community you may be able to access funding to help you achieve your goal. Priority will be given to new and emerging groups who have been in existence for less than 12 months and/or has an income of less than £5,000.



TO FIND OUT MORE OR REQUEST AN APPLICATION PACK, CONTACT US:

www.communityfoundation.co.uk
 or call us on 0161 214 0940

You must operate or live in one of the following boroughs: Bolton, Bury, Manchester, Oldham, Rochdale, Salford, Stockport, Tameside, Trafford and Wigan.

The maximum request is £1,000 with a deadline of 3rd August 2010 for applications.

The Seed Fund is delivered in Partnership with the Oglesby Trust, Bruntwood Estates and The Hogben Family.

Funding News

Big Lottery Fund Programmes

The Big Lottery Fund administers a range of UK-wide programmes. Individual grant levels vary according to the programme applied to and remit of the project, from a few hundred pounds up to several thousand pounds.

Please refer below to a list of current programmes available in the U.K.

Young People's Fund 2: National

Grants for registered charities and voluntary and community organisations in England towards projects of national significance that demonstrate innovative approaches to promoting one or more of the following outcomes for young people: being healthy; staying safe; enjoying and achieving; making a positive contribution; and economic well-being.



Young People's Fund 2: Local

Support for voluntary organisations in England that work with young people aged 10-18 (or those aged up to 25 experiencing difficulty moving into adulthood). Grants are provided for young people to lead on projects that develop activities and services that benefit them in their local area.



Forces in Mind Programme

The Forces in Mind programme will provide funding to help those veterans who struggle with the transition to civilian life, especially those whose psychological well being subsequently impacts on the quality of their life and others around them. Forces in Mind will enable existing organisations that support veterans and their families to improve access to appropriate and relevant services. It will also fund research, awareness-raising and advocacy work.



Village SOS Programme

The Big Lottery Fund has teamed up with the BBC to launch the Village SOS Programme, with £3 million of funding available to support enterprising ideas in six UK villages. Successful applicants will receive grant support of between £100,000 and £400,000 to create a brand new venture that will bring new life and energy to their villages.

Big Family Idea Competition

Competition designed to find the best new ideas to improve family life in the UK, encouraging people from all walks of life to come up with innovative suggestions. One winning proposal will be turned into reality with the backing of Lottery funding.



People's Millions (up to £3.8 million for 2010)

The People's Millions programme funds projects that improve the lives of local communities. Grants are available for projects that help communities enjoy, as well as transform, the environment.

Priority will be given to projects that:
get people involved in the local community;
help people who are most in need; and
are original and imaginative.

Main Contact Information

Big Lottery Fund
1 Plough Place
London
EC4A 1DE

Telephone: The BIG advice line: 0845 4 10 20 30

E-mail: general.enquiries@biglotteryfund.org.uk
Website: <http://www.biglotteryfund.org.uk>



Children and Young People

You are part of 'ONE Children's Workforce'!

Working with children and young people is a vital role, with its rewards and challenges. Everyone who does so, either all or some of the time, in a paid or unpaid role, is part of a wider team of people that need to work together well. This team in Bury is known as the **One Children's Workforce**.

Children and young people may work and interact with a multiple of individuals and agencies at any one time. Investigations have highlighted that organisations failing to work together effectively have created major problems for children and young people, causing serious harm or even death.

The idea of **One Children's Workforce** is that *everyone* working with children and young people see themselves as part of one team of workers, not just part of their single agency. Communication channels are open, information is shared appropriately and common values are agreed.

One Children's Workforce means that *everyone* works together with a focus around the needs of the child. That aim can so often get lost but needs to be a foremost thought. It is a workforce that is trained and supervised well – where workers enjoy what they do and aspire to do it better.

Children and young people need **One Children's Workforce** that is full of people who treat them with respect, listen carefully to what is being said and understand what's going on in the wider context of their lives.

It is so important that the third sector see themselves as part of this. Third sector organisations are often well-placed to provide great services, but it is vital that they contribute to working together and communicating with the rest of the workforce.

No matter how large or small your organisation is – if you work with children and young people you are part of the **One Children's Workforce** in Bury! We are committed to helping you develop in capacity, access training and get involved in wider inter-agency work.

Part of this commitment is making sure key jargon is continually explained and training is developed around the needs of organisations. The third sector is a vibrant part of **One Children's Workforce** in Bury – so look out for more opportunities coming soon!



Jargon Buster

Added Value:

Shows how involvement of individuals/organisations can add to the initial investment (often a grant) in the development of a project.

Integrated working:

Where everyone supporting children, young people and families works together effectively to put them at the centre, meet their needs and improve their lives.

Milestone:

A well-defined and significant step towards achieving a target, output, outcome or impact, allowing one to track progress.

Procurement:

The process by which public sector bodies purchase services from both private and third sector organisations, as a way of still ensuring services are delivered but not directly from local authority or other agencies.

Ring Fencing:

The process by which money within a larger fund is kept aside for a specific purpose.

Stakeholder:

Any individual or group with an interest or 'stake' in the way an organisation works or a decision is made.

Sustainability:

The process whereby a group or organisation moves from short-term funding for activities to more dependable, longer-term funding.

Children and Young People

Making it happen

Fairbridge North Manchester, based on The Rock in Bury town centre, works with over 200 new challenging young people aged 13-25 every year, who are currently not in education, employment or training. By providing a combination of personal support and challenging activities they aim to equip young people with the self-belief, motivation and necessary skills to be able to return to mainstream opportunities and achieve their goals. Fairbridge empowers young people to make positive life choices and reach their true potential.

The young people that access Fairbridge come from varied and complex backgrounds. The nature of the work that Fairbridge carries out supports young people to deal with and develop personal and social skills to take them beyond their personal barriers to progression, whether that be school exclusion, a history of youth offending, truancy, a history of care, or long-term unemployment.

Fairbridge runs a large variety of activities that give young people the chance to have a go at things they would never have tried before and discover new things about themselves.



The first moment I stepped through Fairbridge's door I felt like a new future started for me. The first two weeks it was the access course and it was amazingly unbelievable

Young Person's experience

The sessions that Fairbridge run allow young people to guide their own development in a manner that is tailored towards their individual needs. Below, a young person tells us about his experience of Fairbridge so far...

"Before I knew Fairbridge I was homeless living at a hostel called Castlecroft House and I was messing about like drinking every night and getting in trouble. I was in college but I left half way through the course because there was loads of pressure on me.

Then one day when I was in the hostel a member of staff from Fairbridge came to the hostel and had a chat with me and my friend and I really enjoyed everything she told me about Fairbridge and I decided to join with my friend so I could do something with my life.

I liked the residential that I did with Fairbridge, most of all the night walking, abseiling and gorge walking. I enjoy being a leader and I got to show this when I was map reading. I would like to continue doing abseiling and gorge walking as a hobby and in my spare time.

I like to get accreditations and certificates from the things I do at Fairbridge. I look forward to my future and thank Fairbridge for helping me achieve this. I like cooking and would like to build on this as this is something that I enjoy. My English has improved since coming to Fairbridge, my leadership skills and my skills at helping others."

I enjoyed the field trip to Burrs, especially the team building and problem solvers. I like the trust that you can get in a team.

At Fairbridge we believe that every young person has something of value inside them.

Our challenge is to help them find it.

If you would like to make a referral to Fairbridge please contact us on 0161 763 5111 and speak to **Hannah Sutherland (Bury Under16's)** hannah.sutherland@fairbridge.org.uk Or **Kerry Drennan (Bury Over 16's)**



Children and Young People

Life at the Top - Zoe and Justin from V2V interview Marie Forshaw Associate Director - Clinical Services

First off - Who are you and what do you do?

Marie Forshaw is an Associate Director for Community services in Bury and heads up the operational delivery of clinical services in the community. She trained to be a nurse 22 years ago and since then she has had a number of roles within the health service, including specialties such as midwifery and health visiting. She entered the management side of NHS community services ten years ago and has worked in Bury for two years. Marie manages a range of service areas that make up Community Services in Bury (38 in total). Many of these services focus on children and young people including health visiting, school nursing, children community nurses, occupational therapists and one that will be more familiar in Bury is the Young Persons Advisory Service (YPAS) and also Contraception and Sexual Health Services.

Marie concluded:
"I am really enjoying my time working in Bury, this is down to the strong relationships and partnerships and community services in Bury. I admire the fact that they always put families, young people and children in the centre of their services in everything that they do."



Picture: Zoe (Left) and Justin (Right) with Marie

Consulting young people who are looked after is important

Marie said her mission for this year is to ensure that the voices of young people are heard.

Marie said "We are developing a questionnaire to be used with young people and those that care for them. We hold monthly Health Events for looked after children and young people from the age of 16 to 18 years old. Those who attend are involved in deciding what items should be discussed and are invited to the meetings so they are fully involved.

We also have Birthday packs for looked after children which are given to them at ages 10, 14, and 18. They were consulted on what the contents should be in the pack, but all are relevant to their health and well being. They have a choice of books, leaflets, and personal hygiene products, all the packs cover sexual health advice and information.

School aged children are not formally consulted on health services; however their views are obtained at health assessments and school or nurse contacts".

Young People Advisory Service (YPAS)

Community services are very proud of YPAS and is confident that it is having a positive effect on young people in Bury. YPAS has asked service users what they think about the services provided for them and feedback has been very positive. A lot of people think YPAS just offers advice and support on a range of sexual health issues for young people in Bury. Whilst this is very important they also offer other advice and support such as help to quit smoking, self-esteem and emotional health and well-being, and information staying safe both physically and emotionally.

For more information visit www.bury.nhs.uk



New to the Health Visiting Team is a health visitor who will be based at YPAS and will work closely with young parents along with the Teenage Pregnancy Midwife

Community Health Services are for you

There are a wide range of services within Community Services Bury, from health improvement to specialist services, these include Health Visiting and District Nursing, Walk-in Centres, and many more.

Improving Services

The health of people in Bury is improving with death rates falling and life expectancy increasing. Over the past three years life expectancy for men in Bury has increased by over a year, and women over half a year. This news is encouraging but we still have improvements to make as the health of Bury residents is worse than the county as a whole. We need to tackle areas including smoking related deaths, increasing obesity levels and teenage pregnancies. All NHS services are continually focused on insuring they meet the needs of local people, to make sure they are responsive and targeted. Anti natal care in Bury has improved greatly over recent years. The outcomes for babies with complex health needs are now much improved. At Cambeck Close, one of Community Services facilities, they offer respite care for day or night or even a weekend so that parents can have a well deserved rest themselves.

Voice 2 Voice (V2V) is a new project commissioned by Bury Children's Services and Early Break which provides a "voice" for young people. Employing peer consultants, who have had experiences of using services themselves, young people are consulted and their voices are heard. V2V aims to capture the real experiences of young people in Bury and therefore inform and support the delivery of needs-led services.

Children and Young People

Premiere Drugs Service in Bury



Intervention service

Early Break offers a drug/alcohol treatment intervention service for young people up to the age of nineteen, living in the Bury area.

Early Break works closely with a range of partner agencies including Bury Youth Offending Service and child care services. Referrals are also accepted from parents/carers and young people themselves.

One to one support

Early Break clients are offered their own advocacy worker who helps to understand treatments on offer and provide one-to-one support. They also have access to an Early Break doctor. Weekly Alternative Treatment services are offered once per week, where the young person can access acupuncture, sports/boxing therapy, aromatherapy, massage and therapeutic group work.

Family support

Early Break also offers family work in Bury: Family Centred Time - where the young person has a drug/alcohol issue and; Holding Families - where the issue is that of parental substance misuse.

Telephone: 0161 762 2608 for further information
Website: www.earlybreak.co.uk

Parents & Grandparents Wanted

Home-Start Bury is asking for everyday MUMS, DADS and GRANDPARENTS to volunteer a couple of hours each week.



Volunteers are needed to offer friendship and support to local families with young children who may be struggling to cope with situations such as postnatal depression, disability, multiple births or becoming parents at a very young age.

Full training and support provided along with out of pocket expenses.

Transport not always essential.

Could you be a Grandparent figure to play, read stories and offer experience to a local family?

Next training course begins in autumn 2010.



Telephone: 0161 763 6335 asking for Kate or email: homestartbury@btconnect.com

Children and Young People Partnership

Bury Children's Trust

Is it important?

Yes, if you are a child or young person aged from 0-19. Also if you are a group or organisation that provides a service for or works with Children and Young People.



What are they?

Children's Trusts are fundamentally about different organisations working together to help deliver better services to children, young people and their families.

Why were they set up?

Children's Trusts were introduced as part of the Children Act 2004 and a response to Lord Laming's inquiry into the death of Victoria Climbié. His report highlighted the extent to which better working together and better communication were paramount and crucial to safeguarding children.

What do they do?

Central is the document called the Children's Plan. This sets out priorities for the Trust and its partner members. The next Plan will be developed for publication in 2011. The third sector will be involved in this.

Why bother being involved?

It is about trying to influence what the Trust and other agencies do, getting across our issues for the benefit of children and young people. We can offer a great deal and Bury's Children's Trust is open to our input.

Want to be involved?

Come and join the Children and Young People's Strategic Forum. Be a representative, be consulted, get your view across.

See how you can get involved, check out: www.b3sda.org.uk
www.bury.gov.uk go to the Children and Young People's section.



Contact Derek Burke on 0161 797 1968 or Email: derek@b3sda.org.uk

B3SDA Training and Events

Group Development

Introduction to Management Committees

Date: Tuesday 10th August 2010
Time: 9.45am - 4pm (approximate)

Course Aim

Covering the roles and responsibilities of committees and how to run successful meetings. A great course for anyone who is new to committees or someone who wants a refresher course and pick up new skills and tips!

Chairing Skills - and network over lunch

Date: Tuesday 14th September 2010
Time: 9.45am - 1pm (approximate)

Course Aim

Ever wondered how to chair a meeting? Want to improve your chairing skills? This training is for anybody wishing to learn new chairing skills and find out how to deal with those difficult committee members or how to ensure your committee makes decisions.

Thinking Strategically

Date: Thursday 18th November 2010
Time: 9.45am - 4pm (approximate)

Course Aim

The aim of this workshop is to assist managers in identifying the route to success through understanding the organisation's position, defining clear and achievable goals and creating and implementing an action plan.

The course consists of 3 elements:

- Understanding Strategy
- Analysing your position
- Planning a Strategy

Children & Young People

Level 1 Safeguarding

Date: Thursday 16th September
Time: 9.15am - 3.30pm
Trainers: Adam Islip / Leanne Chorlton (B3SDA)

Course Aim:

Develop your awareness of how to safeguard children and promote their welfare. Participants will gain the knowledge and skills to identify and respond to concerns or disclosures, in the context of up to date information about central legislation.

Third Sector Assembly

Skilling Up for Stronger Voices

Date: Wednesday 20th October 2010
Time: 9.30am - 4pm

Trainer: Andy Walkden (B3SDA)

Course Aim

Many third sector organisations represent the sector by sitting on cross sector partnerships and attending meetings of these partnerships.

Very rarely do these representatives have any formal training or development in how to represent themselves or the sector, as such their "voice" is lost or ignored.

Skilling Up for Stronger Voices supports and develops skills and understanding of representation.

The aim is to improve the voice of the third sector on partnership meetings, ensuring our issues are heard and we are consulted on changes that affect us.

Funding

Top Tips to Funding Applications

Date: Tuesday 12th October 2010
Time: 9.45am - 4pm (approximate)

Course Aim:

A really useful session on how to write fantastic funding bids covering the key ingredients all funders want to know!

More Advanced Funding Course

Date: Tuesday 30th November 2010
Time: 9.45am - 4 pm (approximate)

Course Aim:

Aimed at groups who are considering applications to larger funders such as the Big Lottery fund. The session will cover evidencing need, developing SMART outcomes and milestones, budgets (full cost recovery, value for money), and sustainability/exit strategies.

PLEASE NOTE // B3SDA Training Courses are FREE to third sector organisations in Bury. Places must be booked by calling our office on 0161 797 1968 or emailing leanne@b3sda.org.uk. If you need to cancel your place 24 hours notice must be given. For non-attendance without notice, your organisation will be liable to pay a fee of £20 per participant. Thank you.



Staff Contact details

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What is Bury Third Sector Development Agency? (B3SDA)

B3SDA is support organisation for the third sector in Bury. We currently have 610 organisations on our database. These include voluntary and community groups, faith groups, sports clubs, charities, social enterprise and co-operatives.

B3SDA is here to provide practical support to third sector organisations and opportunities for the third sector to work in partnership with public sector agencies such as Bury Council, NHS Bury, GM Police and GM Fire and Rescue Service.

We also work with members of the public to get them involved in volunteering and taking an active part in improving their communities.

Our Services

B3SDA offers a range of services designed to help third sector organisations and volunteers across Bury, These include:

A funding and organisational development service for third sector organisations

Bury Live - our quarterly newsletter and weekly email bulletin

The Bury volunteers service

A range of third sector forums and networks to facilitate partnership working both within the third sector and with the public sector

The workforce development project for third sector organisations working with children and young people

A range of training courses and fact-sheets to support the above work.

Tell us your Story!

Bury LIVE, goes out quarterly to members of the public and third sector organisations all over Bury .

If you have any good news stories, or would like to advertise events and training or would like to advertise for volunteers then please get in touch with us.

Articles need to be around 200 words and a good quality photo would be great.

The deadline for articles in the October Edition is
3rd September 2010.

We are also interested in any comments or suggestions you may have about this newsletter.

Thank you to everyone who provided contributions for **Bury LIVE**



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Charity No: 1124186 Registered in England // Company No: 6369584

Training and Events Calendar

July 2010

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1 Training: Common Assessment Framework	2	3	4
5	6	7 Meeting: Volunteer Forum	8	9	10 Event: Bury Hospice Party in the Park (Close Park 12-6pm)	11 Event: Forever Bury & Bury F.C. Open Day (1-4pm)
12	13 Event: Networking Bury Children's Workforce	14 Meeting: Children and Young people Forum	15	16 Event: Official Launch of The Rock	17	18 Event: Bury Gateway Car Boot Sale (St. Mary's Park, Prestwich)
19	20	21	22	23	24	25
26	27	28	29	30	31	

August 2010

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1
2	3	4	5 Meeting: BME Forum	6 Event: Family Friendly Film Festival (The Met 10am)	7	8 Event: Party in the Park (Openshaw Park 12-4pm)
9	10 Training: Introduction to management Committee	11	12	13	14	15 Event: Bury Gateway Car Boot Sale (St. Mary's Park, Prestwich)
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

September 2010

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14 Training: Charing Skills	15	16 Training: Level 1 Safeguarding Children	17	18	19
20	21 Event: Third Sector Network event	22	23	24	25	26
27	28	29	30 Event: B3SDA AGM			

For more detail of any of the events on our calendar please get in touch with us at B3SDA