

# Bury LIVE



Jan 2012 / Edition 9

## News from the Third Sector in Bury

### Unique National Award Comes to Bury

In December 2011, B3SDA's Volunteer Service was awarded Volunteering England's Volunteer Centre Quality Accreditation (VCQA). It will soon be known as **Volunteer Centre Bury**.



See page 4 for full story

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### Bury Enterprising Communities Update

October saw the launch of the Bury Enterprising Communities Project.

Since then organisations have been getting one-to-one support from consultants to help them become more enterprising. At the last event, they worked on deciding what support they want over the coming months.

If you would like to get involved or want more information, please contact Andy Walkden 0161 797 1968



## Providing Opportunities and Support for the Third Sector in Bury

## Helping Children Make Healthy Choices

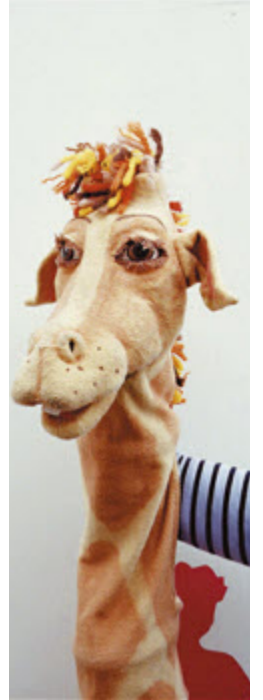
Life Education Centres is a national children's charity. We operate hi-tech mobile classrooms helping children learn to make responsible life choices. We have been working with schools in Bury for over 20 years.

Our mission is to help children make healthy choices through our work with schools, parents and engaging the community. We make learning fun, capturing children's imaginations and ensuring our work is memorable. Using stimuli-rich and interactive techniques such as Harold the Giraffe, the talking brain and role play, we teach children about the cause and effect relationships of issues they may face as they grow up, including:

- Healthy eating
- Sleep and exercise
- Drugs and alcohol
- Forming positive friendships

Because of the critical role parents and teachers play in protecting children from encountering risky situations, we also work with parents, schools and local communities offering support and advice around subjects that can be difficult to address.

Schools can book a visit from one of our mobile classrooms on 07764 694 920. We are currently looking for volunteers and committee members. Donations can be made via JustTextGiving text LIFE19 £1 to 70070. Our website is [www.coram.org.uk/lifeeducation](http://www.coram.org.uk/lifeeducation).



## National Citizen Service in Bury

The Challenge Network (TCN) delivers the Department for Education's National Citizen Service in Bury



The project is youth and community focussed and aims to bring together young people from different backgrounds, and through a series of challenges inspire them to come together to serve their communities.

This summer TCN worked in partnership with a number of Bury charities and groups including Bury Blind Society, Jigsaw, The Samaritans, Jinnah Centre and ADAB. 120 young people in and around Bury were involved in raising over £800 for local charities and carrying out various action projects including painting a new community centre, restoring park pathways, and awareness raising.

Following the success of this programme, we are now hoping to signpost our young people into further volunteering opportunities and organise regular action days to encourage continued community engagement. We are looking to partner with local organisations that would like to engage young people in their work whether through short or long term volunteering opportunities, project days, fundraising or to link into our 2012 summer programme.



If you feel you have a potential opportunity, have any questions, or would like to know more about what we do, please contact Sophie Ault: M: 07908943555E: [sophie.ault@the-challenge.org](mailto:sophie.ault@the-challenge.org)

### National Citizen Service Celebration Event

Thirteen young people from Bury took part in this summer's National Citizen Service delivered by Greater Manchester Youth Network.

The programme involved going on two residential events doing volunteering activities and getting involved in a social action project that they planned. The volunteering included digging at an archaeological dig in Tottington and helping out at Wheels for All – a summer cycling programme for disabled children. For the social action project, the group donned super hero costumes and spent two days clearing the garden at The New Kershaw Centre.

The young people were rewarded for their hard work at a glitzy celebration event held at The Royal Exchange Theatre, Manchester on Friday 21<sup>st</sup> October.



Bury Councillor Nick Parnell said, “(it was)..absolutely brilliant to see so many young people engaged and involved with positive actions.”

Ex Emmerdale actress Ursula Holden Gill presented the young people with their certificates and one young person, Meera Kaur, was given a special recognition certificate.

Project Manager, Fiona Shirley, said “NCS has been a great project for the young people, every person who got involved has gained from the project. All involved have increased their skills and confidence in the short space of 5 weeks.”



## Looking for information about cancer?

**WE ARE  
MACMILLAN.  
CANCER SUPPORT**

Finding the information you need at the right time can be difficult when you have cancer. The Macmillan Information and Support Centre at North Manchester General Hospital can help you, whether you are a patient, a carer or just want to know more about cancer.

NHS Trust explains "Cancer can have a huge impact. More people are surviving after a cancer diagnosis, often having to adjust to a 'new normal' for them. Macmillan Cancer Support has a huge range of free information about all aspects of cancer and for people living with and beyond cancer. Staff in the centre can also signpost people to emotional and practical support, or just talk things through."

Staffed by information specialists and volunteers, many with experience of cancer, anyone can access the service the drop-in centre provides by calling in or by ringing 0161 604 5244. **The centre is open 10am to 3pm Monday to Friday, but please ring and check opening hours before making a journey specially to visit.**

Felicity Keeling, Macmillan Information Service Manager at Pennine Acute Hospitals



## Team Friendship



### Groundwork's Assisted gardening programme (AGES) has been running for 5 years.

AGES is not just about the gardens that we work on, it's about the friendships our team of volunteers develop, and the satisfaction they get working with some of the more vulnerable members of the community in Bury and Bolton. It's also about the way the residents bring us tea and come out for a chat and it's about how together we break down some of the isolation that can afflict people's lives.

We think that is why we have one of the best retention rates for volunteers in the voluntary sector and one of the highest client satisfaction rates on our programmes. We currently

have around 30 regular volunteers on the programme, working on the gardens of 110 residents.

**Quote from garden client: "I am truly grateful for the help. The garden looks lovely, after they finish the work. They all work very hard. I do hope I always will have the help as long as I do live. I am very happy that at last something is done for the old people."**

**Our volunteers say: "I enjoy the company and getting out. I like seeing the good work and I enjoy working with the team."**

This year some of our volunteers are working on a sustainability project to see if a social enterprise model can help them deliver this service in the long term without local authority funding.



## Bury Carers - Drop in Service

**Every 1st and 3rd Friday of the month from 9:30am - 12:00 noon  
Dumers Lane, Radcliffe, Manchester, M26 2QD**

If you are caring for someone with a chronic or life-limiting illness and would benefit from the support of others in the same situation, then you are invited to drop-in at Bury Hospice on the days and times above.



- Drop-in service with refreshments provided, to meet and socialise with other carers and staff/volunteers
- Complementary
- Therapies help and Advice

Please contact bury hospice for any further information  
Rosemary Roccroft Tel: 0161 725 9800 Ext 216  
General Information Contact 0161 725 9800 Ext 221



## Project 29 and Bury FM Community Radio

### Building On Success

Following on from the huge success of Radio Ramadan, Project 29 is now moving forward, developing its media facilities ready for its next broadcast in 2012 and working towards having a permanent Bury FM Community radio station.

Radio Ramadan broadcast for one month over the summer, reaching over 100,000 listeners, in the Bury, Bolton, Oldham and Rochdale areas. The Radio station had really positive listener feedback, having over 7,000 hits on its website and many upbeat congratulatory messages by text.

To top it all, Bury FM Community Radio raised over £ 2,500 ,which was donated to the victims of the famine in Somalia.



### Harmony, self esteem and training

Project 29, is a charity which aims to develop community cohesion, encouraging dialogue and understanding between faiths; it aims to give all members of the Bury community a voice, through its broadcasting facilities.

### A Radio station for the people, by the people

There are now opportunities for volunteers to develop recording and broadcasting skills. Free training courses will be held in the new year for anyone over the age of 16. The newly installed voice-over studio will be hired out to professionals, and volunteers are encouraged to come and work alongside these professionals.

Whatever your interests, be they marketing and publicity, administration, I.T., graphics, recording or broadcasting, Project 29 would love to hear from you. If you'd like to get involved and help set up Bury's first Community Radio Station, email [radio@project29.org.uk](mailto:radio@project29.org.uk) or call 0161 797 1636 or visit [www.project29.org.uk](http://www.project29.org.uk).

## Making Places Accessible



### National Register of Access Consultants recruits local woman.

Ruth Malkin, the Access Coordinator for Manchester Disabled People's Access Group (MDPAG) for seven years, has been confirmed as access consultant on the high profile National Register of Access Consultants (NRAC).

She says "I am thrilled to be included as Access Consultant on the NRAC register. I have long supported the efforts of the Centre for Accessible Environments (which runs the Register) to make Britain a more accessible place for everyone."

MDPAG is a charitable company, made up of disabled people who are interested in access and inclusion for disabled people in Greater Manchester and beyond. The group has campaigned rigorously for the past 12 years to raise awareness of the access barriers that affect disabled people's lives, as well as offering high level advice to organisations on removing the barriers to inclusion.



Ruth says  
"I really hope that people will now begin to recognise that MDPAG, as well as campaigning on access issues, is also an organisation that can provide professional advice at the highest level to service providers wanting to improve the access to their services."

For more information look on the website [www.mdpag.org.uk](http://www.mdpag.org.uk), or contact the office on 0161 273 5033 or write to Administrator, MDPAG, BEVC, Aked Close, Ardwick Manchester M12 4AN.

## Unique National Award Comes to Bury

B3SDA's Volunteer Service has always been committed to delivering a high quality service. Now it's been nationally recognised and is part of a bigger family offering volunteering infrastructure of the highest quality.

VCQA is a quality framework for Volunteer Centres that examines how a Centre delivers the following six core functions

- **Brokerage**
- **Marketing volunteering**
- **Good practice development**
- **Developing volunteering opportunities**
- **Policy response and campaigning**
- **Strategic development of volunteering**

The process allowed us to assess our practices, address any weaknesses, build on our strengths and ultimately improve the service we provide.

B3SDA Volunteer Service Co-ordinator Rhona Morrissey worked in partnership with other Volunteer Centres in Greater Manchester with the invaluable support of Volunteering Greater Manchester. Well done Rhona and colleagues for achieving this prestigious award for Bury.



## Health and Well Being – Developing a Conversation with the Sector

### The Bury Health & Well Being Board

is somewhere for Commissioners across the NHS, public health and social care to come together and work together to improve the health and wellbeing of people in Bury. The Board will have a strong role in ensuring genuinely collaborative Commissioning across health and social care.

The newly emerging Health & Well Being Board for Bury recognises the importance of the role Third Sector organisations play in the health and wellbeing of Bury residents. The Board is interested in improvements and wants to work with the Third Sector Assembly to build better conversations about how we do this together.



### An Asset Based Approach

An important aspect of the Health and Well Being Boards is the need to address underlying 'determinants of health', the adverse social, economic or environmental circumstances in which some people live. Unless these can be addressed, tackling the direct causes of ill health (e.g. smoking, drug and alcohol abuse) will be difficult or impossible for conventional approaches to health that try to "fix" the problem.

A key way to begin addressing these issues is to first look at what assets the community already has that supports its health and wellbeing - this is called an **Asset Based Approach**. A conventional approach tends to look at the 'deficits' in communities - what is missing, what needs "fixing" and focuses on addressing the gap. An asset based approach such as 'Asset Based Community Development' (ABCD) however values the existing capacity, skills, knowledge, connections and potential in a community that can be added to.



***A glass half full  
not half empty\****

\*A glass half full - IDEa, Local Government Association

### What is a community asset? – It's not just buildings but includes:

- The practical skills, capacity and knowledge of local residents.
- The passions and interests of local residents that give them energy for change.
- The networks and connections - known as "social capital" - in a community, including friendships and neighbourliness.
- The effectiveness of local community and voluntary associations.
- The resources of public, private and third sector organisations that are available to support a community.
- The physical and economic resources of a place that enhance well-being.

### So what's the point?

When a 'deficit' approach focuses on what's missing and designs services to fill the gap, communities can come to feel disempowered and dependent on the service providers. People then become passive recipients of expensive services rather than active agents in their own and their families' lives.

### So how do we start?

Mapping community assets is one technique of this approach and is about making an inventory of the resources, skills and talents of individuals, associations and organisations. It is about discovering and collating the links between the different parts of the community and the agencies. This knowledge can be used to revitalise relationships, rebuild communities and neighbourhoods, and rediscover collective power.

Bury Health and Well Being Board will be attempting to start a mapping exercise and our sector has been asked to be involved, at present through B3SDA but we will confirm representation through the Third Sector Assembly in the near future.

## What is...

### Bury Third Sector Assembly

The Assembly is a way for third sector organisations in Bury to be consulted on issues that affect them and to get their points of view heard by the public sector.

Every organisation operating in Bury is automatically a member of the Assembly, and has the right to vote on issues and elect representatives.

You can get involved by attending meetings, joining email groups, joining shared interest forums.

For further details contact B3SDA on 0161 797 1968

## The Next Assembly Meeting

Here we will be demonstrating a community asset mapping exercise and will be on **Thursday 2nd February**

For information on this or any other area contact [andy@b3sda.org.uk](mailto:andy@b3sda.org.uk).

Also the publication 'The Glass is Half Full' can be downloaded from our web site or contact B3SDA for a copy.



## Do You Know What A Trustee Does?



### First off - What is a Trustee?

**A trustee is a member of a board or management committee**

They may be known as trustees, directors, board members or management committee members. If the charity is also a company limited under guarantee, then the trustees are also directors of the charity.

### What is a board?

A board is the group that ensures a charity or voluntary organisation:

- Has a clear set of goals or strategy
- Is making sure the action to achieve these goals is being taken
- Meets its legal and financial obligations

Boards may also be called management committees or a Council of Management or a Board of Directors.

### What do trustees do?

1. Set and maintain vision, mission and values
2. Develop strategy
3. Establish and monitor policies
4. Set up employment procedures
5. Ensure compliance with governing document
6. Ensure accountability
7. Ensure compliance with the law
8. Maintain proper fiscal oversight
9. Select, manage and support the chief executive
10. Respect the role of staff
11. Maintain effective board performance



### What skills do I need?

Effective boards need people with a range of skills that reflect the community and people they serve so they really are looking for people with a range of skills and experiences. You may have specific professional or business skills or skills such as team work or problem solving.

### If you are interested in being a trustee?

It is useful if you can learn as much as you can about an organisation and what being a trustee will mean for you. Get to know how much commitment is expected from you. This will be an important part of your decision.

You will need to consider;

- Can you support the aims and activities of the organisation?
- Are your skills going to be appropriate?
- Is the organisation clear about what it is looking for from you and has it provided you with sufficient information?



### Want to take this further?

**You can search for opportunities to become a trustee in a number of ways.**

You can contact the Volunteer Service here at B3SDA or search the following websites:

- The Do-it national database [www.do-it.org.uk](http://www.do-it.org.uk)
- Reach, a charity that brings together skilled volunteers and those who need their expertise, has a section on its website called TrusteeWorks [www.reachskills.org.uk/trusteeworks](http://www.reachskills.org.uk/trusteeworks)
- Charity Trustee Networks provides a trustee finder facility which enables potential trustees to find opportunities [www.trusteenet.org.uk](http://www.trusteenet.org.uk)
- The NCVO Trustee Bank offers a free service to or view trustee vacancies [www.ncvo-vol.org.uk/trusteebank](http://www.ncvo-vol.org.uk/trusteebank)

Volunteer involving organisations can use the above resources to advertise their roles.



**For more information on the responsibilities of a trustee please refer to :**

<http://www.reachskills.org.uk/essential-roles-volunteers>

## Do You Know What a Trustee Does?

### Why should I become a trustee?

Like all volunteering roles being a trustee should be enjoyable and rewarding. There are many reasons to be a trustee some of them are:



- It can help you to meet new people
- You can learn new skills and use existing ones
- You can make a difference in your community

As a trustee you are at the centre of the action, you are responsible for the development of an organisation.



### Can I be a trustee?

Most people over 18 years of age can become trustees, but a few are not eligible.

For more information contact B3SDA office



## Why did I decide to become a Trustee?

Steve, Trustee at Home Start Bury



"This is only slightly easier to answer than a question in a recent National Geographic magazine which was "Why did 400 people volunteer for a one way trip to Mars?" As someone with more time on my hands and my golf handicap still not improving much, I decided I really had to see if my business and financial skills could be put to any voluntary use. Would anyone want me? Where did I start to look? What would they expect? The Mars question starts to look easier to answer because for someone like me with no experience of the third sector finding the answers to these and similar questions was the hardest part of wanting to volunteer."

"Luckily in my case I found Reach which was a great help. They shortlisted a few possibilities for me and Treasurer for Home-Start Bury stood out. Problem was, what was Home-Start?" (<http://www.reachskills.org.uk/>)

**"I discovered Home-Start"**  
It offers free support, friendship and practical help to families with at least one child under five. Families are visited regularly in their own homes by volunteers who have all had experience of parenting and know how hard it can sometimes be".

"If there is one lesson from my experience, it is that it's worth being as visible as possible when seeking volunteers because they are out there but probably don't know you exist or have a need."

"The reason why I wanted to become a volunteer suddenly became clearer. As a business man with business, financial and IT skills that I wanted to offer to others in whatever way were useful, here, as a family man, was a perfect match. I could use my skills and get involved with something that seemed I could be passionate about as well.  
Having received support from and having given support to family, the chance to make a difference to families not receiving that support was too tempting to turn down.  
Having met the trustees and staff at Home-Start Bury, I was even more convinced because of their passion and enthusiasm".



## Chairman of RE>BUILD Professor Roy Taylor Will Sadly Be Missed By All



### Professor Roy Taylor (1934 – 2011)

Professor Roy Taylor who has died aged 76, had a long and successful career in materials science. Most of his working life was spent lecturing at UMIST where he quickly gained an international reputation as a leader in his field of thermal conductivity of materials and undertook important research for organisations such as Rolls Royce and NASA. In later life he became involved in a number of organisations including Bury Golf Club where he became the Captain of the Red Rose seniors and Prestwich Co-op Camera Club where he became Chairman. More importantly he became involved in local charities, including Bury CVS and, for the past seven and a half years, Chairman of the Board of Trustees of RE>BUILD.

Roy was an extremely gifted, yet humble person who led Bury CVS until that organisation closed several years ago, then RE>BUILD from its beginnings in 2004 to the now well-respected organisation, of which he was justly proud. His particular talent for the organisation was to use his skills honed as a university professor to improve the wording of funding bids, much in the same way that he improved the dissertations of his PhD students whom he treated as an extended family. He thoroughly enjoyed his time as a Trustee where he was able to use the many gifts he had been blessed with. He is sadly missed by all.

## Research says that volunteering “Boosts Community Happiness”

Volunteering also builds:-

- Self confidence & self esteem
- Gives a sense of purpose
- Improves health & well being.
- Looks great on a CV
- Can create more FUN in your life.

Join 19,500 other Home-Start volunteers and find out what volunteering can do for you, as well as for others .....

Home-Start Volunteers are parents / grandparents themselves. Volunteers spend 2-3 hours a week visiting a family with at least one child under the age of five to offer friendship, support and practical help.

**All expenses are paid.**

PHONE HOME-START BURY 0161 763 6335

TO FIND OUT WHAT IS INVOLVED ...

All volunteers are subject to a CRB check. Home-Start Bury is committed to equality of opportunity and diversity.

**Next Course Starts: February 2012**



### Home-Start Bury

Unit 21, Bury Business Centre, Kay Street, Bury, Lancs, BL9 6BU

T 0161 763 6335  
E [homestartbury@btconnect.com](mailto:homestartbury@btconnect.com)  
W [www.homestartbury.org](http://www.homestartbury.org)



## Volunteers Needed at Barnardo's

**Do you want to make a difference to the lives of children and young people who are at the heart of your community?**

Barnardo's is currently looking for people to join their local **Friends of Group**.

Could you spare a couple of hours a month to help your local Barnardo's service?

### What is a Friends of Group?

It's a group of people who are committed to using their time and resources to help raise vitally needed funds for their local Barnardo's service.

Anyone, any age, can join their local Friends of Group and it's a fantastic way of making new friends, having fun and raising vitally needed funds for your local service.

**It only takes a couple of hours a month to really make a difference to the lives of children and young people in your local community. The group will help support their local service by organising local events, such as: cake sales, face painting, tennis tournaments, cheese and wine evenings, fashion shows – the sky's the limit!**

In addition, the group can also spend up to 20 per cent of what they raise on a special 'gift' for their local service, perhaps: a sensory room or a Christmas party or some much needed equipment – the possibilities are endless!

**Your local Barnardo's Service is our North West homeless service - Rachel House in Bury**

Rachel House provides supported accommodation to young people aged 16 to 21 years who are either at risk of, or who have become homeless.

**Join our Friends of Group and help Barnardo's work continue in your local community!**

### To find out more, please contact:

Samantha Howarth, Community Fundraising Volunteer Manager (NW)  
Tel 01457 762 694 or email [samantha.howarth@barnardos.org.uk](mailto:samantha.howarth@barnardos.org.uk)



## Community Waste Fund

**Round 2 of the Greater Manchester Waste Disposal Authority Community Waste Fund is now open for applications.**

Innovative waste related projects are welcomed from community and voluntary sector groups. Applications forms and guidance notes are available to download from the website.

For this round only they are encouraging applications from projects that can help reduce electrical and electronic equipment that is currently disposed of as waste. However they still do welcome other project ideas so that they have a variety of projects to learn from. Please have a look at the website and follow the link

<http://www.gmwda.gov.uk/community/com>



## Big Lottery £10 Million Sustainable Living Fund

**The scheme is designed to support partnerships of public, private and voluntary sector bodies which are helping communities address the economic, social and environmental effects of climate change.**

It is expected that up to 10 communities will be supported with a mix of expert support and advice, up to £10,000 development funding to support the applications and grant funding of up to £1 million.

Partnerships must be able to meet the overall aim of the scheme, which is to learn how best to empower communities to live in a sustainable way and cope with the impact of climate change and achieve all of the following outcomes:

- Communities are better prepared for environmental challenges and longer term environmental change and understand the improvements they can make to live more sustainably.
- Vulnerable people affected by the impacts of climate change are able to make greener choices to help improve their quality of life.
- Communities maximise the use of their assets and resources to create new economic opportunities and live more sustainably by, for example, using the skills and knowledge of individuals within their community to create green social enterprises and jobs.
- Communities have a greater understanding of and more opportunities to use natural resources more efficiently.

Grants of £500,000 and £1 million are available for up to 5 years.

Additionally, grants of up to £10,000 are available to develop a project delivery plan.

**Deadline for submissions of Expressions of Interest is noon on 31 January 2012.**

For further information please refer to: [http://www.biglotteryfund.org.uk/prog\\_communities\\_living\\_sustainably?tab=4&region](http://www.biglotteryfund.org.uk/prog_communities_living_sustainably?tab=4&region)



## The Tudor Trust

**The Tudor Trust is an independent grant-making trust which supports voluntary and community groups working in any part of the UK.**

They particularly want to help smaller, community-led organisations which work directly with people who are at the margins of society: organisations which support positive changes in people's lives and in their communities. They want to respond flexibly to your ideas and energy, and to fund effective organisations working to high standards.

Tudor doesn't have specific funding programmes. Their focus is on smaller forward-looking groups, led by capable and committed people.



**Information on the application process, exclusions and how to apply refer to:**  
<http://tudortrust.org.uk/>



## Comic Relief - Managing Money Better

**A new grants programme promoting the financial inclusion of older people**

### Why we've created this fund

**Poverty is on the increase for many older people. With the rising cost of living and soaring energy prices it's harder than ever to live on a small pension. Add to this the increasing complexity of accessing benefits, the lack of places handling routine financial transactions, and the number of financial services now only available online - it's no wonder some older people struggle to make ends meet.**

### What we're doing

We're making £2m available in 2012 for projects which help older people cope with the challenging financial climate and the exclusion and hardship they may be facing. We want to hear about ideas that can bring about substantial improvements to older people's lives; to support them to build their skills and knowledge, to manage their money effectively, to guard against financial scams and abuse, and to deal with cold homes.

### How we're doing it

We're opening two grant cycles in 2012 – in January and April. We'll be looking to fund organisations who have some experience of working in this area, as well as those that involve older people in the design and delivery of the activities. We'll favour projects that develop strategic partnership approaches with voluntary, private and public organisations including local people (of all ages) to meet the needs of older people. We'll also ensure that our funding targets isolated older people and those who live in the poorest and most deprived areas. Full details including guidance notes on how to apply and expression of interest forms will be available on our website from January 2012: [www.comicrelief.com](http://www.comicrelief.com)

## Children, Young People & Families Group Forum

**Date:** Wednesday 14th March 2012

**Time:** 10:00am - 12:00noon

**Overview:** A forum for groups who work with children, young people and their families, to network, share their views and influence strategic partnerships.

## Finding the Right Funding Mix

**Date:** Tuesday 31st January 2012

**Time:** 9:30am - 1:00pm

**Overview:** This is intended for those who wish to adopt a more sustainable approach to their funding. It will provide an insight into exploring and extending their funding and finance options to work towards financial sustainability.

## Keeping Children Safe

**Date:** Tuesday 6th March 2012

**Time:** 9:15am - 3:30pm

**Target Audience:** All paid workers and volunteers who come to contact with children, young people and/or their parents/carers.

**Overview:** Foundations training in safeguarding children and young people from abuse, how to act on concerns, respond appropriately and understand basic child protection requirements.

## Carrying out a Governance Review

**Date:** Wednesday 15th February 2012

**Time:** 9:30am - 1:00pm

**Overview:** A systematic way of improving how your organisation is governed and reviewing how effectively your board carries out its responsibilities. This session will help you choose the most suitable approach to your governance review. It will also introduce to you some example governance review exercises that you can use with your board.

## Volunteer Forum

**Date:** Wednesday 28th March 2012

**Time:** 12:30 - 2:00pm

**Overview:** This forum provides people who manage volunteers with the opportunity to influence, network, share good practice and receive news and training information

## Fail to Plan - Plan to Fail

**Date:** Thursday 29th March 2012

**Time:** 9:30am - 4:00pm

**Target Audience:** Committee members, trustees and senior staff of community and voluntary organisations new to strategic planning or looking for a refresher or useful tools to help you plan better.

**Overview:** In today's uncertain times for organisations in the social sectors, never has there been a more critical time to proactively define purpose, vision and direction. It's time to ensure that you know where you're going so that the world around you knows how to work with and support you in getting there. This is a very practical course that will introduce you to strategic planning or give you a refresher to help you plan effectively for future.

## Volunteering and the Law

**Date:** Tuesday 27th February 2012

**Time:** 10:00am - 4:00pm

**Overview:** This is a very popular and necessary course for anyone who involves volunteers in their organisation. The course is delivered in an interactive way with a variety of training methods to enhance the learning.

It covers:

- volunteers rights
- health & safety
- Vetting & criminal records checks
- Insurances
- restrictions on volunteering
- contracts or agreements
- volunteering & welfare benefits
- policies needed for successfully involving volunteers

## Project Management

**Date:** Thursday 22nd March 2012

**Time:** 9:30am - 1:00pm

**Target Audience:** Any group or individual that run projects.

**Overview:** Are you running your project effectively? How do you know? Are you in danger of running out of time or money? Is the quality up to standard? This session will give you a basic understanding of projects management.

**Please Note:** Places must be booked by calling us on 0161 797 1968 or emailing [aiesha@b3sda.org.uk](mailto:aiesha@b3sda.org.uk). If you need to cancel your place 24 hour notice must be given. In the event of non-attendance without notice, your organisation will be liable to pay a fee of £20 per participant. Thank you. Please also visit our website [www.b3sda.org.uk](http://www.b3sda.org.uk) to see training charges. If your organisations income is less than £30k the training will be FREE

January 2012						
Mon	Tue	Wed	Thurs	Fri	Sat	Sun
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2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19 Event: BME Forum	20	21	22
23	24 Event: Cultural Awareness Day - Oddfellows	25 Preparing to teach in lifelong learning Sector - GMCVO	26	27	28	29
30	31 Training: Finding the right funding mix					

February 2012						
Mon	Tue	Wed	Thurs	Fri	Sat	Sun
		1	2 Meeting: Third Sector assembly	3	4	5
6	7	8	9	10	11	12
13	14	15 Training: Governance Review	16	17	18	19
20	21	22	23 Training: Marketing	24	25	26
27 Training: Volunteering and the Law	28	29				

March 2012						
Mon	Tues	Wed	Thurs	Fri	Sat	Sun
			1	2	3	4
5	6 Training: Keeping Children Safe	7	8 Event: BME forum	9	10	11
12	13	14 Event: CYP forum	15	16	17	18
19	20	21	22 Training: Project Management	23	24	25
26	27	28 Event: Volunteer Forum	29 Training: Fail to Plan - Plan to Fail	30	31	

## Marketing Your Organisation

**Date:** 23rd February 2011  
**Time:** 9:30am - 1:00pm

**Overview:** 'Marketing' is something every organisation should consider if setting up as a social enterprise, embracing personalisation or just wanting to increase income as a charity. This session will 'pierce the veil of mystique' around the subject by helping you identify what you already know. It will also add to your knowledge by introducing tools and techniques your organisation can use.

## Black Minority Ethnic Community Forum

**Date:** Thursday 19th January 2012 and Thursday 8th March  
**Time:** 10:00am - 12:noon

**Overview:** An opportunity to network with other BME groups, influence and assist in shaping policies, influence other organisations that impact on the BME community in Bury. Help develop partnership and good practice and empower the BME community in Bury.

## Membership of B3SDA

At this time of uncertainty it is important that B3SDA has a large and involved membership. This helps us to get your voice and issues heard more effectively. At present we have 50 full members and 280 associate members.

**Supporter Membership**  
 Supporters are any individuals or public or private sector agencies that support B3SDA and are registered on our database.

**Full Membership**  
 Membership is currently free and full members receive services at a discount or free which are not available to others. It also gives your organisation a real say in how B3SDA operates.

**Associate Membership**  
 If you have filled in a B3SDA registration form and are a third sector organisation you will already be an associate member. This will entitle you to a number of free and discounted services.

A full list of benefits, a registration form, membership forms are downloadable on our website at [www.b3sda.org.uk](http://www.b3sda.org.uk)

For more detail of any of the events on our calendar please get in touch with us at B3SDA



### Staff Contact details

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## What is Bury Third Sector Development Agency? (B3SDA)

B3SDA is a support organisation for the third sector in Bury. We currently have 610 organisations on our database. These include voluntary and community groups, faith groups, sports clubs, charities, social enterprise and co-operatives.

B3SDA is here to provide practical support to third sector organisations and opportunities for the third sector to work in partnership with public sector agencies such as Bury Council, NHS Bury, GM Police and GM Fire and Rescue Service.

We also work with members of the public to get them involved in volunteering and taking an active part in improving their communities.

## Our Services

B3SDA offers a range of services designed to help third sector organisations and volunteers across Bury, These include:

- A funding and organisational development service for third sector organisations;
- Bury Live - our quarterly newsletter and weekly email bulletin;
- The Bury Volunteer Service;
- A range of third sector forums and networks to facilitate partnership working both within the third sector and with the public sector;
- A range of training courses and factsheets to support the above work.

## Tell us your Story!

**Bury Live**, goes out quarterly to members of the public and third sector organisations all over Bury .

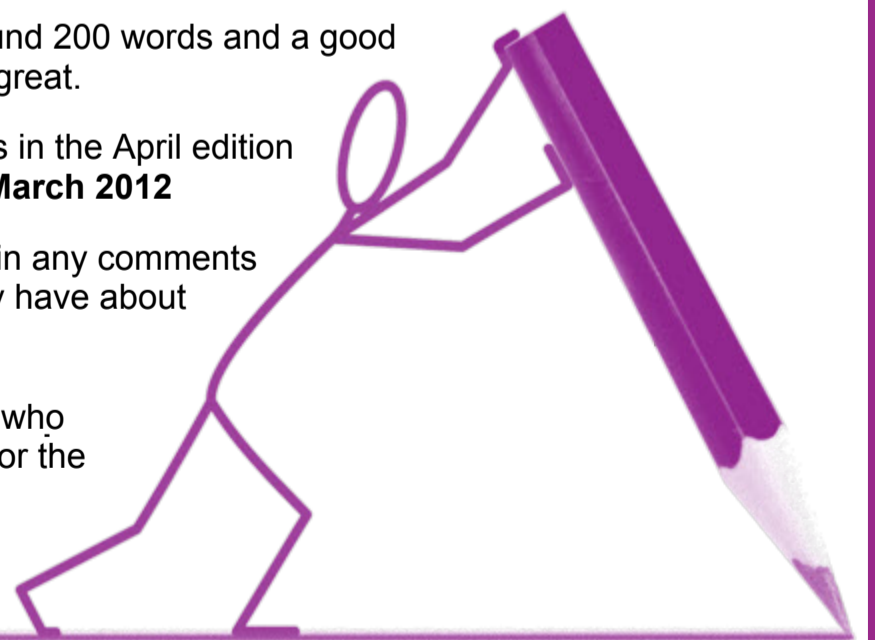
If you have any good news stories or would like to advertise events and training or would like to advertise for volunteers then please get in touch with us.

Articles need to be around 200 words and a good quality photo would be great.

The deadline for articles in the April edition Edition is **Friday 2nd March 2012**

We are also interested in any comments or suggestions you may have about this newsletter.

Thank you to everyone who provided contributions for the **Bury Live!**



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